

Connect your notes to a useful next action.

Run a reviewed weekly-plan workflow from fictional notes.

Build one thing

Check it works

Choose an extension

Before you start.

01

You already know

Modules 06–11 or their core outputs. A prepared n8n model connection.

02

Open these tools

n8n, approved note text, a language-model chain; optional bot only after approval.

03

Check the requirement

Use the prepared local model or a checked API budget. External delivery is optional.

Your first small win.

Use these fictional notes to suggest three next actions: organise books; ask organiser about room permission; draft an invitation after permission. Mark dependencies. Do not send or book anything. Return Action | Evidence | Approval needed.

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What happens between input and output?

- 1 Your notes supply the evidence.
- 2 A workflow or agent prepares a draft.
- 3 Human review decides whether any action follows.

Step 01. Define a small success.

- 1 Pick one weekly plan, not a life-management system.
- 2 Choose three fictional notes from your second brain.
- 3 Write what a useful checked output should contain.

Step 02. Create a manual input.

- 1 Add Manual Trigger and Edit Fields in n8n.
- 2 Create a String notes containing labelled note text.
- 3 Keep contact details and credentials out of it.

Step 03. Connect the summariser.

- 1 Use the working Basic LLM Chain from Module 08.
- 2 Apply the evidence-and-approval prompt.
- 3 Keep the configured model and test one input.

Step 04. Inspect the plan.

- 1 Check each action against a named note.
- 2 Remove invented deadlines and completed-action claims.
- 3 Mark actions blocked by missing permission.

Step 05. Add an approval decision.

- 1 Create a Boolean approved field only after human review.
- 2 Use an If node to gate any later delivery.
- 3 When false, end with a draft-only output.

Step 06. Run the final two tests.

- 1 Run once with `approved=false` and confirm nothing sends.
- 2 Review and test `approved=true` only in your own test chat if connected.
- 3 Save the workflow, prompt, test evidence and next improvement.

Make the working version.

Create a weekly plan only from these labelled notes: `{{ $json.notes }}`.
Return Action | Evidence note | Dependency | Approval needed. Use at most three actions. Mark missing facts unknown. Produce a draft only; do not claim to send, book or finish work.

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Ask for a review. Then check it.

Audit this capstone plan against its notes. Identify invented facts, missing dependencies and actions needing permission. Return Pass/Revise with reasons. Do not approve on my behalf. Notes: [paste]. Plan: [paste].

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Prove your result works.

- 1 Every action cites an input note.
- 2 Unapproved run has no external send path.
- 3 You can explain the trigger, model step and approval gate.

When it does not work yet.

01

Too many moving parts

Return to manual input and one model step.

02

Approval default is true

Set false by default and test the blocked path first.

Choose your next challenge.

01

Core complete

Show one checked output to a partner.

02

Extension 1

Add a schedule only after manual tests pass.

03

Extension 2

Add logs and a small failure-recovery path.

Keep the result. Keep the evidence.

Run a reviewed weekly-plan workflow from fictional notes.

Save your files

Save your prompt

Name the next change

Sources you can check.

01

n8n

Basic LLM Chain

02

n8n

If node

03

NIST

Generative AI Profile