

Choose when to leave using current travel estimates

Turn checked map estimates into a departure plan with a buffer.

Try the sample

Check the output

Use your own example

Your numbered learning route

- 1 Start with the sample: You can identify one detail that the model must not invent.
- 2 Open your AI chat: The prompt contains the input, the output format and the boundaries.
- 3 Compare the first draft: The result is grounded in the sample rather than merely sounding confident.

Continue: audit, adapt and save

- 1 4. Audit with the second prompt: A second AI answer is a checklist aid, not independent proof.
- 2 5. Adapt one real example: Your actual constraints replace the fictional ones; unresolved facts remain questions.
- 3 6. Save one useful artifact: You can repeat the task without this lesson and know when to verify a source.

Read the practice input

Fictional practice estimates, not live traffic:

Trip: home to community centre. Arrival deadline: 18:30.

Option A: depart 17:20, estimated travel 35–50 minutes.

Option B: depart 17:50, estimated travel 30–55 minutes.

Allow 10 minutes for parking and walking. Add 10 minutes uncertainty buffer.

No toll, accessibility or transit data supplied.

Calculate a cautious departure time

Use only these supplied estimates. Calculate the latest conservative departure using the high end of travel time plus parking and buffer. Show the arithmetic and uncertainty. Compare the options. Do not invent live traffic, route conditions or a prediction for an unprovided departure time.

Use the practice input shown earlier. Open the companion link below to copy the complete prompt.

[Open copyable prompt](#)

Audit the travel-time arithmetic

Check the plan against the supplied estimates and arrival deadline. Recalculate every subtraction. Flag unsupported traffic claims or missing map timestamps. Say what must be rechecked before departure.

Use the practice input shown earlier. Open the companion link below to copy the complete prompt. Paste the answer you received into the draft placeholder.

[Open copyable prompt](#)

What a useful result looks like

Conservative calculation: 18:30 – 50 minutes – 10 minutes parking – 10 minutes buffer = 17:20. Option A matches that planned departure using the high end of its estimate. Option B could arrive too late after parking and buffer. Recheck the dated map estimate near departure. This is a planning estimate, not a promise of on-time arrival.

Check before using the result

- 1 The map estimate has a date, time, origin and destination.
- 2 Subtract travel, parking/walking and buffer from the arrival deadline.
- 3 Recheck near departure; missing toll/transit data stays unknown.

Make one real example

- 1 Replace the sample with permitted, redacted input.
- 2 Add your actual constraints and mark missing details.
- 3 Save the input, reviewed output and one correction.

More things you can try

- 1 School pickup: include queue and walking time.
- 2 Airport trip: use your airline/airport check-in guidance as the arrival deadline.
- 3 Meetup: compare route estimates and parking time before choosing.

Keep your win, then go further

- 1 Explain one correction to a neighbour.
- 2 Use the browser companion for the full sample and numbered steps.
- 3 Continue to module 01 for checking AI claims, then module 02 for a bounded assistant.